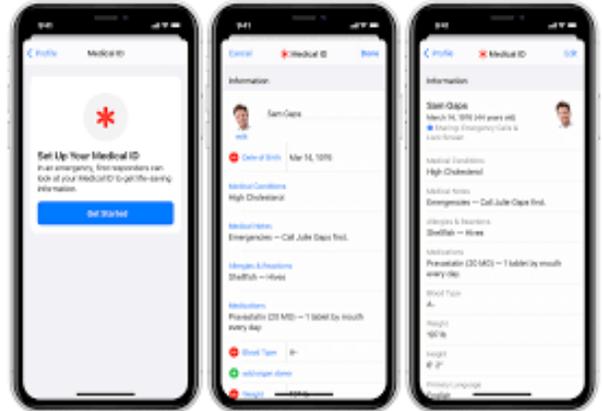


## SET UP YOUR MEDICAL ID IN THE HEALTH APP ON YOUR [IPHONE](#)

To set up medical information for an emergency on a locked iPhone, you can use the Medical ID feature in the Health app:

1. Open the Health app
2. Tap your profile picture in the top right corner
3. Tap Medical ID
4. Tap Edit
5. Enter your information, including allergies, medications, and conditions
6. Turn on Show When Locked to make your Medical ID available on the Lock screen
7. Turn on Share During Emergency Call to automatically share your Medical ID with emergency responders when you make a call or send a text
8. Tap Done

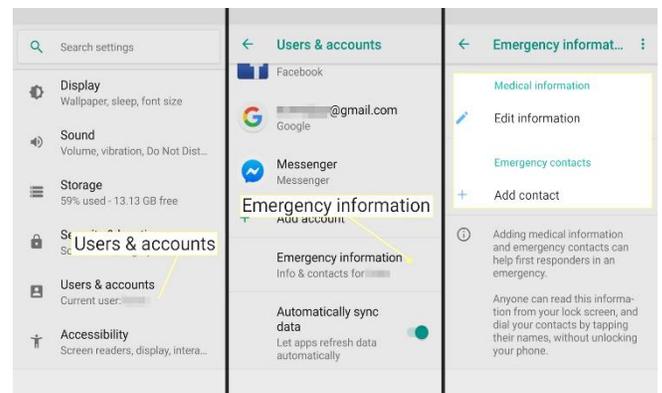


When an iPhone is locked, you can access your Medical ID by going to the Lock screen, tapping Emergency, and then tapping Medical ID. First responders can view your Medical ID by swiping up or pressing the Home button, depending on your iPhone model.

## SET UP YOUR MEDICAL ID IN THE HEALTH APP ON YOUR [ANDROID](#)

To set up medical information for an emergency on an Android phone, you can use the Safety app, the Settings app, or a free app:

- ❖ **Safety app** Open the app, sign in to your Google account, tap your info, then Medical information. You can add information like allergies, blood type, and medications.
- ❖ **Settings app** Open Settings, tap Safety and emergency, then Medical info. Enter your medical information and tap Save. To make it visible on the lock screen, turn on Show on Lock screen.
- ❖ **Free app** Download a free app like Medical ID (Free) ICE Contacts to create a Medical ID.



Once set up, anyone can view your medical information by swiping up on the lock screen and tapping Emergency, then Medical Info.

You should update your medical information regularly, especially if there are changes to your medications, medical condition, or emergency contacts.